



# Report on the 15<sup>th</sup> and 16<sup>th</sup> European Board Exam for Young Neurologists. May-June 2023 and 2024

# Preamble

The European Board Exam for Young Neurologists is an initiative of the UEMS Section of Neurology (also the European Board of Neurology, EBN), in cooperation with the European Academy of Neurology (EAN). The first exam took place in 2009 under the supervision of Professor Wolfgang Grisold. Professor Jan Kuks chaired the exam from 2014 to 2023, and Professor David Garcia Azorin assumed the role in 2023.

The EBN Exam is one of many European board exams endorsed by the Union Européenne des Médecins Spécialistes (UEMS). These exams aim to contribute to the establishment of European standards for the training of medical specialists.

So far, there is no legal status for European board exams, but in many countries, these exams are mandatory for the completion of specialist training. Additionally, many young specialists from outside Europe also take European board exams.

The UEMS supports the conferment of the title 'Fellow of the European Board' to candidates who successfully pass the examination. For this reason, our successful candidates become Fellows of the European Board of Neurology (FEBN). Although the European Board of Neurology cooperates closely with the EAN, passing the board exam does not entitle candidates to use the title FEAN.

In 2016, the EBN Exam was accredited by the UEMS Examination Board (CESMA). A new audit took place in 2023.

# General principles

- The exam is based on the European Training Requirements for Neurology (ETRN, <u>https://www.uems-neuroboard.org/web/index.php/european-training-requirements</u>).
- Candidates who have nearly completed their training in Neurology should be able to take the exam. We do not require credentials.
- Because we aim to test the capabilities and competencies a candidate has acquired during specialist training, we do not offer preparatory courses.
- English is the official language, but participants are allowed to use their own dictionary and will not be explicitly assessed on their English language skills.
- The exam is based on European standards, but non-European candidates are welcome and are given the opportunity to share their experiences from their home countries during the oral examination.
- Candidates must submit original work, which will be checked for plagiarism and/or the use of artificial intelligence software.

• Candidates have to send in original submissions. These will be checked on unlooked-for plagiarism and/or the use of Artificial Intelligence software.

# Preparing the EBN exam

The EBN Exam does not primarily aim to test the ability to recall knowledge, but rather to assess the ability to use knowledge and apply competencies. Professional roles, as defined by the CANMEDS model, cannot all easily be tested in a written exam without dialogue due to cultural differences across countries. Therefore, the exam consists of a combination of written tests and oral examinations. The written portion consists of questions that can be solved using reference materials ('open book,' approx. 60%) and questions that must be answered without reference materials ('closed book,' approx. 40%). To prepare for the written exam, we recommend using a textbook from clinical practice for the open-book section and specific scientific papers provided on the website for the closed-book section. Questions are set by EAN members and are selected based on the content of the EBN core curriculum (European Training Requirements Chapter 8A). The examination committee conducts a final review of the questions.

For the oral examination, candidates are required to write an essay on public/global health or ethics in the field of neurology. In addition, a critical scientific appraisal of a clinical topic (CAT) and a clinical case presentation are required. The essay and CAT work should be prepared at home and submitted before the examination. Candidates may ask the examination staff for assistance in completing these tasks. All submissions are scanned for plagiarism, and candidates may be requested to revise their CAT or essay.

Candidates also need to present a clinical case from their own practice and demonstrate their clinical reasoning process to solve the diagnostic and therapeutic problem. This clinical presentation does not need to be submitted before the examination and will not be checked for plagiarism before the exam session.

# Course of the exams 2023 and 2024

## **Oral Exams**

The oral exams were conducted online and hosted by the Portuguese provider iCognitus (<u>www.icognitus.com</u>). This meant that the exam was taken from the candidates' homes or offices, using their own computers or laptops, with continuous video and audio streaming of the examinees.

In 2023, the online oral examinations were held on Friday, May 12, and Saturday, May 13.

In 2024, the oral exams were scheduled for Friday, May 31, and Saturday, June 1. Due to a shortage of examiners caused by last-minute cancellations, three virtual exam rooms had to be closed, and additional oral exams took place on July 4, 10, and 11.

Examiners were recruited from the EAN and EBN and are listed in the appendix and on the EBN website.

The examination committee established a set of standards for conducting the online test to prevent fraud. These standards can be found on the website (<u>www.uems-neuroboard.org</u>).

Each candidate was examined by two examiners, who were responsible for all three presentations. Although it would be preferable from an educational perspective to have different examiners for each submission, this was not feasible in the online setting.

The online exams were conducted smoothly, and both candidates and examiners expressed general satisfaction with the process, as indicated by the surveys conducted after the exams.

### Written Exam

The written exam also took place online at the candidates' desks, in environments with reliable Wi-Fi, as facilitated by iCognitus. It was conducted on May 19, 2023, and June 7, 2024. The rules for this exam were the same as those for the online oral exams.

The written exam consisted of three sections in 2023 (one closed book, two open book). Following feedback from candidates in the post-exam survey, we combined the two open-book sections into one in 2024.

Examinees were grouped in clusters of 20 students, each supervised by a technical host who checked their identity and provided invigilation or technical assistance during the exam. Two members of the exam committee were continuously available for content-related assistance via chat or, in rare cases, direct personal contact on screen.

Both in 2023 and 2024, the written exams proceeded as expected and without major issues. A few candidates were warned for speaking loudly (which they claimed was a habit of talking to themselves) during the exam. In post-exam surveys, examinees expressed satisfaction with the written exams, though some critical remarks regarding content and wording will require attention.

## Data-processing

Data from the written tests were analyzed using a data-analysis program. For each question, the percentage of candidates who answered correctly, adjusted for the level of guessing (Pc-value, Pc = 0 at the level of guessing, which is 20% for best-of-five questions), and the discriminative value across the whole test (<u>RIT-value</u>) were calculated.

Questions with both low P-values and RIT-values were removed from the test before final grading: questions with a significantly negative RIT-value were eliminated if Pc < 0.85, those without significant discriminating value if Pc < 0.50, and those with a significant discriminating value only if Pc < -0.50. The Kuder-Richardson formula was used to check the internal consistency of the written exam (Kuder-Richardson Coefficient).

The passing limit for the written exam was set using the post-test Cohen procedure. The mean score of the five best-performing students was used as the maximum obtainable score, with a real knowledge percentage of 55% (see below). Students who performed at the passing threshold level received 55 out of 100 points.

Oral examinations were graded using standard forms (2/3 weight) and the overall impression of the examiner (1/3 weight). Examiners independently awarded marks, and the results of all three presentations judged by two examiners were combined and converted to a score between 0 and 100 points to make them comparable with the written exam results. The passing threshold for the oral examination was set at 55 out of 100 points.

The final mark was calculated by combining the results of the written exam (weighted 0.7) and the oral exam (weighted 0.3). Candidates who scored 55 or more out of 100 were deemed successful.

<sup>1</sup>Cohen-Schotanus J, Van der Vleuten CPM. A standard setting method with the best performing students as point of reference: Practical and affordable. Med teacher 2010; 32: 154-160.

## Candidates

In 2023, 99 candidates participated in the exam, while in 2024, this number increased to 149. The proportion of participants from outside Europe continues to grow, as candidates benefit from not having to travel for the exam.

## Exam fees

All candidates are required to pay a fee of 600 Euros if they register before the early-bird deadline and 700 Euros thereafter (<u>www.uems-neuroboard.org</u>). The EAN offers incentives to encourage participation by its young members.

Candidates who withdraw from the exam do not receive a refund due to bank transfer fees and administrative costs, but they are allowed to renew their application the following year at a reduced fee. This same policy applies to candidates who fail the exam and retake it the following year.

### Exam-results

### Written exam

In both 2023 and 2024, two out of 100 questions were removed because they had a Pc < 0.25 (i.e., fewer than 40% of the candidates provided the correct answer, with a guessing level set at 20% for best-of-five questions) and a low RIT value (i.e., no discrimination between "good" and "bad" candidates).

The internal consistency of the exam, after removing two questions, was quite high: KR20 = 0.91 in 2023 and 0.83 in 2024 (values above 0.70 are generally considered acceptable).

The mean score of the top five candidates was considered the best achievable score for setting the passing limit. Using the Cohen Method, where 55% actual knowledge is considered marginal (with adjustments for guessing, approx. 20%), the passing threshold was set at 58 correct answers in both years. A student with 59 correct answers was awarded 55 marks, and so on, up to a maximum of 100 points.

### Orals

Oral exams were scored by the examiners using standard forms (see the EBN website). Each candidate's score was calculated from the mean of their CAT, essay, and clinical case presentation. The maximum achievable score was set at 100, and a passing score was set at 55 points (this threshold is arbitrary).

### **Combining Oral and Written Exam Results**

Combining the results of the written and oral exams, 8 out of 99 candidates (8%) failed the overall exam in 2023, while 12 out of 149 candidates (8%) failed in 2024. In previous years, the failure rates were 12% in 2022, 7% in 2021, 12% in 2019, and 14% in 2018.

# Quality control and feedback

The validity of the questions and the internal consistency of the exam were checked using psychometric statistics (as described above).

A survey was conducted among the examinees at the end of the written exam, and examiners were also asked to provide feedback. All data collected will be analyzed by the examination committee to improve future procedures.

Candidates were given the opportunity to receive personalized feedback on their performance. Score sheets from the oral exams were made available, and we provided analysis of the candidates' results in the different fields of neurology, as defined by the ETRN. For logistical reasons, candidates were not able to review the questions or their responses. An example of individual feedback is included in the appendix.

We are awaiting the results of an analysis by the EAN Ethics and Quality Task Force in 2025.

In 2023, an observer from the UEMS Examination Board (CESMA) attended the exams, interviewed examiners, and reviewed the data. Unfortunately, an interview with candidates was canceled, and we are still awaiting CESMA's final accreditation report.

# Conclusion

The 15th and 16th exams of the European Board of Neurology can be considered multi-competency exams with reliable results and favorable outcomes for 90% and 92% of candidates in 2023 and 2024, respectively. Overall satisfaction among candidates and examiners was high, but there is room for improvement, particularly in addressing some of the candidates' feedback.

## Please, visit our website www.uems-neuroboard.org for further information

# Members of the Examination Committee as of the end of the 2024 exam

Dr Tim Counihan, EBN, Galway (IRL) Dr Francesco Di Lorenzo, EAN-EQTF, Roma (I) Prof David Garcia Azorin, EBN, Valladolid (E) – chairperson Prof Massimiliano Filosto, EAN, Brescia (I) Prof Pablo Irimia Sieira, EAN, Pamplona (E) Prof Jan Kuks, EBN, Groningen (NL) – past chairperson Dr Deborah McIntyre, EBN, Luxembourg (L) Mag Gabrielle Lohner, chief executive, Vienna (A) until September 2023 Dr Jasenko Selimovic, chief executive, Vienna (A)

For this Report: JBM Kuks, September 2024

# Appendices

1. Examiners in the oral board exams

### 2023

Dr. Ramy Abdelnaby, Germany Prof. Manuel Alegre, Spain Dr. Magnus Andersson, Sweden Prof. Angelo Antonini, Italy Dr. Josanne Aquilina, Malta Dr. Daniella Belvisi, Italy Dr. Alex Bisdorff, Luxemburg Dr. Tim Counihan, Ireland Prof. Antonella Conte, Italy Prof. Patrick Cras, Belgium Prof. Marianne De Visser, The Netherlands Dr. Francesco Di Lorenzo, Italy Prof. Gilles Edan, France Prof. Massimiliano Filosto, Italy Prof. Sten Fredrikson, Sweden Prof. Tobias Freilinger, Germany Dr. David Garcia Azorin, Spain Prof. Wolfgang Grisold, Austria Prof. Pablo Irimia Sieira, Spain Prof. Jera Kruja, Albania Prof. Jan Kuks, The Netherlands Prof. Helmar Lehmann, Germany Dr. Deborah McIntyre, Luxemburg Prof. Serefnur Öztürk, Turkey Prof. Lacramioara Perju-Dumbrava, Romania Dr. Jochen Schäfer, Germany Prof. Vincenzo Silani, Italy Dr. Walter Struhal, Austria Dr. Christine Tranchant, France Dr. Olivier Vandhuick, France

### 2024

Prof. Manuel Alegre, Spain Prof. Angelo Antonini, Italy Dr. Josanne Aquilina, Malta Dr. Michael Bär, Czech Republic Dr. Daniella Belvisi, Italy Prof. Maia Beridze, Georgia Dr. Alex Bisdorff, Luxemburg Dr. Elisabeth Gulowsen Celius Prof. George Chakhava, Georgia Dr. Tim Counihan, Ireland Prof. Patrick Cras, Belgium Prof. Luc Defevre, France Prof. Marianne De Visser, The Netherlands Dr. Francesco Di Lorenzo, Italy Dr. Laurens Dobbels, Belgium Prof. Gilles Edan, France Dr. Julia Ferrari, Austria Prof. Massimiliano Filosto, Italy Prof. Tobias Freilinger, Germany Prof. David Garcia Azorin, Spain Dr. Niokolaos Grigoriadis, Greece Prof. Miguel D'Haeseleer, Belgium Prof. Pablo Irimia Sieira, Spain Dr. Matthiew Jones, UK Dr. Rua Kaladyte Lokominiene, Lithuania Prof. Anita Kamondi, Hungary Dr. Georgios Kaponides, Greece Prof. Michael Khalil, Austria Prof. Jera Kruja, Albania Prof. Jan Kuks, The Netherlands Dr. Deborah McIntyre, Luxemburg Prof. Serefnur Öztürk, Turkey Prof. Lacramioara Perju-Dumbrava, Romania Prof. Benedikt Schoser, Germany Dr. Olivier Vandhuick, France Dr. Johan Zelano, Sweden

## 2. Personal feedback to examinees

Report feedback EBN-Exam 2024, your number = 045

### 11/8/2024

### OVERVIEW OVER ALL CANDIDATES

Legenda

Column 1. Number of candidate

Column 2. Marks for the total written test, scores ranging between 0 and 100.

These Marks reflect the number of correct answers. The total test consisted of 100 questions. Two questions were skipped because of marginal statistics so 98 remained. We calculated the mark with help of Cohen's method calculating a maximum score as the mean of the 5 best scores (86-90), a guessing rate of 20.15 and a 60% real knowledge rate. This resulted in a cutt-off at 58. The mark can range between 0-100.

Column 3. Marks for the oral test

The oral test consisted of an essay, a CAT and a clinical presentation, each was scored with a standard list and finally the examiners provided a global impression on a 10-point scale. All candidates got two examiners.

Scores from the

* Essay	(0-12 standard weight 2/3, 0-10 global impression weight 1/3)
* CAT	(0-15 standard weight 2/3, 0-10 global impression weight 1/3)
* Clinical case	(0-20 standard weight 2/3, 0-10 global impression weight 1/3)

were added up and transformed to a mark ranging from 0-100.

Column 4. Combined final mark.

Marks from the written test (weight 7/10) were merged with the marks from the oral test, resulting in a final combined mark.

0.7 \* [Column 2] + 0.3 \* [Column 3] = [Column 4]

80-100 = Excellent, 70-79 = Good, 60-69 = Fair, 55-59 = Marginal, <55 = No pass

1	2	3	4		
004	9	1	99	93	best score
034	9	0	81	87	
112	8	2	99	87	
148	8	3	99	87	
029	8	3	93	86	
046	8	2	96	86	

015	68	100	77	
020	70	95	77	
104	71	94	77	
120	75	84	77	
038	72	86	76	
133	76	78	76	
137	68	97	76	
169	68	95	76	
011	70	87	75	
024	73	82	75	
025	71	87	75	
077	72	82	75	
084	66	97	75	
145	66	96	75	
149	71	86	75	
157	68	93	75	
182	66	96	75	
076	73	77	74	
125	67	91	74	
150	68	88	74	
163	71	81	74	
172	66	93	74	
080	70	83	73	
160	64	95	73	
165	66	90	73	
168	65	93	73	
185	66	90	73	
197	67	90	73	
099	68	83	72	
102	66	89	72	
130	64	92	72	
131	74	69	72	
151	65	90	72	
052	75	64	71	
066	63	92	71	
083	63	90	71	
090	74	67	71	
103	63	90	71	
119	61	96	71	
124	67	83	71	
142	63	89	70	
161	64	87	70	
018	66	79	69	
111	61	89	69	
138	64	83	69	
155	60	92	69	
074	59	90	68	
088	57	96	68	
141	74	56	68	
147	67	71	68	
170	61	85	68	
181	68	70	68	

186	61	86	68
087	58	90	67
136	59	86	67
159	67	70	67
014	60	83	66
051	72	55	66
067	59	80	65
128	57	85	65
007	60	76	64
115	59	77	64
144	58	80	64
040	63	62	62
097	57	74	62
098	64	60	62
167	50	93	62
072	58	70	61
116	59	67	61
135	64	55	61
012	50	85	60
055	52	81	60
047	58	64	59
089	45	93	59
126	57	64	59
177	58	62	59
021	59	56	58
056	63	48	58
092	53	67	57
122	55	60	56
060	45	80	55
		ра	ssing rate
048	44	80	54
082	52	59	54
193	38	90	53
044	43	76	52
049	52	52	52
194	45	70	52
800	33	91	50
085	44	65	50
162	44	67	50
050	52	37	47
028	49	34	44
117	38	22	33

For further general information about the 2024 Exam: see www.uems-neuroboard.org

If you failed the exam you get a new chance for next year 2025 against a reduced fee, please contact the secretary.

The following data are your personal detailed results on the orals and the written tests.

PERSONAL DATA

### ORAL EXAM

These are your scores given for the several items from the scoring list as provided by your examinators 1 and 2, the maximum score obtainable is given in the utmost right column.

Oral Examination CAT	Ex 1	Ex 2	Maxir	num	
C01. There is a clear concise and focused question			• 1	1	1
C02. The question is original and relevant for clinic	cal pra	actice	- 2	2	2
C03. The search strategy is adequate			- 1	1	1
C04. The table with results is correct			1	1	1
C05. The comments described are adequate			· 2	2	2
C06. The comments described are adequate			- 3	2	2
C07. The final conclusion is sound			- 1	1	1
C08. The references are really the current key-refe	erence	es	- 1	1	1
C09. The answers to the questions on the exam ar	e ade	quate	2	2	2
C10. Handling ignorance during the exam is adequ	ate		1	1	1
C99. Global impression CAT on a 10 points scale			10	9	10
Examiner 1: E07					
Examiner 2: E08					
Oral Examination Essay	Ex 1	Ex 2	Maxir	num	
E01. The topic is relavant for clinical practice			- 1	1	1
E02. There is a sound introduction			- 2	2	2
E03. The elaboration of the problem is adequate -			- 2	2	2
E04. The own vision of the candidate is clear			- 1	1	1
E05. The presentations is clear and to the point			- 2	2	2
E06. The answers tot the questions are adequate -			- 2	2	2
E07. Handling ignorance is adequate			1	1	1
E08. Time management is adequate			- 1	1	1
E99. Global impression Essay on a 10 points scale			10	9	10
Examiner 1: E07					
Examiner 2: E08					
Oral Examination Clinical Presentation		Ex 1	Ex 2	Max	kimum
K01. Pace and clarity of presentation history				2	2
K02. Systematic approach history				2	2
K03. Establishment of case facts history				2	2
K04. Systematic approach physical examination				2	2
K05. Establishment of relevant physical findings			2	2	2
K06. Logical sequence of anxillary investigations			2	2	2
K07. Appropriate management of anxillary test			2	2	2
K08. Ability to identify and solve problems			2	2	2
K09. Putting the case in a broader context			2	2	2

K10. Originality and contribution to clinical practice ------222------------22K99. Global impression Clinical presentation on a 10 points scale101010101010

------ Examiner 1: E07 ------ Examiner 2: E08

E07

\_\_\_\_\_

\_\_\_\_\_

### CAT

Important topic for daily practice clear presentation relevant analysis - conclusion and outlook for the future

### Essay

Great presentation; you master your topic. I agree that SUDEP public information will also change neurologist behaviour- and practice

### Clinical case

Great presentation - an original topic - very impotant for new pratices in neurology - global approach - rigourous investigation and appropriate management

### E08

### CAT

Great presentation- important topic- good discussion- good background knowledge. Very well researched- literature up to date

#### Essay

Great topic- highly relevant- the own vision was clear presented- the presentation and the slides were very well designed and structured

Clinical case Interesting case- well presented- fluent speaking

WRITTEN EXAM

#### **Neuro-categories**

Your number of correct answers per neuro-category as defined in the European Training Requirements Neurology. Some questions were related to several categories, therefore the total number exceeds the total number of questions.

Vasculair	11 outof 19 correct answers 57%
Cortex - Cognition - Dementia	8 outof 12 correct answers 66%
Epilepsy	4 outof 5 correct answers 80%
Headache	6 outof 6 correct answers 100%
Immunology including MS	8 outof 8 correct answers 100%
Infections	6 outof 7 correct answers 85%
Movement disorders	11 outof 14 correct answers 78%

Intensive care neurology Trauma	3 outof 3 correct answers 100% 7 outof 8 correct answers 87%
Complications of internal disease	2 outof 2 correct answers 100%
Neuromuscular disorders	7 outof 10 correct answers 70%
Oncology	3 outof 3 correct answers 100%
Cranial nerves	4 outof 6 correct answers 66%
Neuropsychiatry	5 outof 5 correct answers 100%
Neurorehabilitation	3 outof 4 correct answers 75%
Pain	1 outof 1 correct answers 100%
CSF	1 outof 3 correct answers 33%
Sleep	4 outof 5 correct answers 80%
Spinal cord - Brainstem (ALS)	6 outof 6 correct answers 100%
Autonomic nervous system	1 outof 1 correct answers 100%

### Competencies

Your number of correct answers per competency Some questions were related to several competencies, therefore the total number exceeds the total number of questions.

Pharmacotherapy
Nonpharmacological therapy
Clinical examination
Making a diagnosis
Neuro-imaging
Clinical Neurophysiology
Diagnostics others
Knowledge about a disease
Linking with basic science
Public Health - Epidemiology
Neuropathology
Genetics

19 outof 23 correct answers82%10 outof 11 correct answers90%12 outof 17 correct answers70%29 outof 36 correct answers80%8 outof 10 correct answers80%1 outof 2 correct answers50%3 outof 6 correct answers50%4 outof 5 correct answers80%1 outof 2 correct answers50%0 outof 2 correct answers50%0 outof 1 correct answers0%1 outof 1 correct answers100%1 outof 2 correct answers50%

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# 3. Papers for study to prepare for the closed book exam

- 1. 2017 ESO guideline cerebral venous thrombosis
- 2. <u>Guidelines on Mechanical Thrombectomy in Acute Ischaemic Stroke</u>
- 3. Advances in dementia with Lewy bodies
- 4. Emerging Trends in Neuromodulation for Treatment of Drug-Resistant Epilepsy
- 5. EAN guideline cluster headache 2023
- 6. <u>Post-Traumatic Headache</u>
- 7. 2020 EAN guideline on pall care in MS
- 8. Advances Neurosyphilis
- 9. The neuropsychiatry of Parkinson disease
- 10. 2020 EAN guideline coma
- 11. Managment TBI in the first posttraumatic hours
- 12. Recent advanes in traumatic brain injury
- 13. Neurol complications vasculitis
- 14. Guideline CIDP 2021
- 15. Treatment and diagnosis of chemotherapy-induced peripheral neuropathy
- 16. Bedside Testing in Acute Vestibular Syndrome
- 17. Psychiatric features of traumatic encephalopathy syndrome
- 18. Advances in Stroke Neurorehabilitation
- 19. Peripheral nerve blocks for headache disorders
- 20. Current Updates on Idiopathic Normal Pressure Hydrocephalus
- 21. 2020 EAN statement on sleep and stroke
- 22. European guideline and expert statements on the management of narcolepsy
- 23. EAN guideline neurogenic supinate hypertension